

DIFF FAL

The periodical of the Fondation Autisme Luxembourg



TOGETHER,
we create better lives



Picture shot in 2018

THE FONDATION AUTISME LUXEMBOURG REMAINS #ÈMMERDO

The FAL has also not been immune to the Coronavirus. This exceptional situation has had a major impact on our daily efforts to serve those with Autism Spectrum Disorder.

What remains certain, however, is that the foundation's services must be guaranteed to continue without interruption. For this reason, it is important to our employees that all families remain electronically accessible and reachable by telephone.

The FAL takes pride in its ability to offer the best quality services possible. To be able

to guarantee this, we must now, more than ever, rely on the support of our volunteers. The foundation is incredibly grateful for their commitment and flexibility thus far, allowing for activities to safely continue despite the current circumstances.

In this issue you can discover the different services of FAL'S psychopedagogical department. Furthermore, the foundation takes you on a journey through the most recent weeks and shows you how its staff continues to be **#ÈMMERDO**, or "always there".

An excellent read!

AGENDA

Due to the current situation, all of our public events are suspended until further notice



Picture shot in 2019

It's spring.
We enjoy
our garden!

- If you no longer wish to receive this periodical, please send us an e-mail to communications@fal.lu with your name and address..



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Autisme
Luxembourg

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THE ADMINISTRATIVE ASSISTANCE SERVICE FOR FAMILIES



Picture shot in 2019

Unfortunately, the administrative procedures are not always easy to understand. All the more so when the verdict of a diagnosis turns a whole family's life upside down.

This is why the FAL also has an administrative assistance service for families. The FAL acts as an intermediary between the families who call on its service and the guidance

The service also accompanies the families concerned to provide them with information about long-term care insurance. In addition, it regularly organizes training sessions for the Foundation's staff, explaining the various benefits of the long-term care insurance.

Dorothee Peree, who is in charge of the service, points out that anyone with an ASD diagnosis and needing help with LTC insurance can call on the service: "In 2019, we counted 74 people who benefited from this administrative support".

Long-term care insurance is one of the branches of social security. It complements and improves social protection by covering the risk of the loss of autonomy. It covers the costs of the necessary aids and care for dependent persons who live at home or in a residential care home.

For a person to be considered dependent, he or she must have a significant and regular need for assistance from a third person to perform the essential acts of life following a physical, mental or psychological illness or handicaps of a similar nature.

and assessment unit which is placed under the authority of the Ministry of Social Security. The service offers throughout the year :

- Advice and support for the family in making the application for benefits;
- Support for the family during all the procedures for re-evaluating benefits;
- Management of administrative procedures relating to the provision of allowed support hours, provision of hours granted by the dependency insurance (psycho-social support, individual support in terms of hygiene, mobility and nutrition, home care, advice to relatives, etc.).

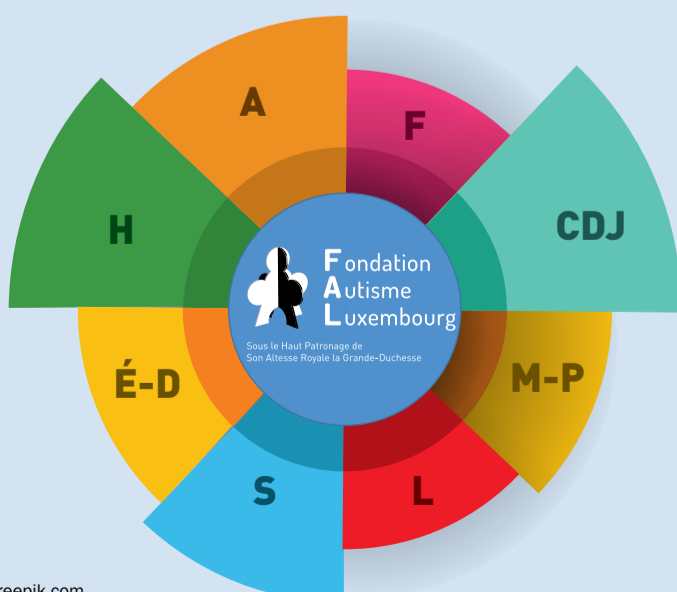
GOOD TO KNOW

- The application form for nursing care insurance benefits is available directly from the National Health Fund (CNS) or on their website: www.cns.lu.
- Families wishing to take advantage of this service can also contact the telephone number 26 91 11-1 or send an e-mail to autisme@fal.lu.

74
PEOPLE
BENEFITED FROM
THIS SERVICE

THE FACES OF FAL: its psychopedagogical services

Every day, the Foundation has recourse to its qualified staff in the following educational counselling services:



F : Training department : 730 participants in the Foundation's training courses

CDJ : The day centre services : 35 people supervised all year round in day centres

M-P : Medico-educational service : the service provides medical follow-up for 32 residents.

L : Leisure service : 23 camps organized in 2019 (for residents and external persons)

S : Support service : 60 new families supported in 2019

É-D : Diagnostic Evaluation Service : 85 diagnoses in 2019

H : Accommodation Service : currently 32 residents in 5 Foundation homes

A : Administrative assistance service for families : 74 people benefited from the service

THE FAL IN THE MIDST OF THE COVID-19 CRISIS



Martine Weber, head of human resources management, describes what has changed in the daily life of the Foundation:

“From the very beginning of this exceptional situation, we have focused on prevention. The aim is not only to protect our beneficiaries for whom we are responsible, but also to protect our staff as well as possible.

The management engaged the services of a virologist, Prof. Dr. Muller, long before the government launched measures. On the basis of his advice, we adapted our procedures and took the necessary internal management measures : The obligation to wear a mask, limiting exchanges between sites, regular hand washing, etc.

At the beginning of the crisis, due to the lack of surgical masks, Prof. Dr. Muller advised us to set up a mask reuse system for our staff as well as for the users. The mentioned specification of our care, linked to the heavy handicap of our residents, does not always allow us to keep a distance of 2 metres between them. At all times we have followed, as far as possible, the various recommendations issued by the government.

Members of our staff have had to take time off work for family reasons, which forced us to make a broader call for volunteers. They have responded and are proving that together we are building better lives.

Our beneficiaries also feel the same way. This crisis in their daily lives and they all express it in their own way. The simple fact that there are unanticipated changes in their

staff is sufficient to disrupt ASD individuals. They are now also be taken care of people, such as volunteers, whom they do not yet know. For the well-being of our residents we have cancelled all their inclusive outings. The most difficult was the decision to no longer allow family visits.

Our management teams are working to maintain the better quality of life by offering users their day-to-day operations in the workshops of the day centres.

In order to explain the situation, as simply as possible, to people with a high degree of autism, we use visual aids. Small visual aids with pictures explain in a simple way what changes in everyday life are taking place.

To date, we have not experienced any infections within our residential structures.



A volunteer and a resident

We touch wood and we sincerely hope it will stay that way. We are all looking forward to the end of this trying time that will allow us to launch once again, new fulfilling activities for the people we support and mentor”.

(editorial closing date : April 30 , 2020

„ ... to protect our beneficiaries for whom we are responsible, but also to protect our staff...”

BECOME A VOLUNTEER :



Do not hesitate to contact us by email if you are interested in offering us your time and skills.

benevolat@fal.lu

This advertising insert allows us to finance part of the production and distribution costs for this periodical.



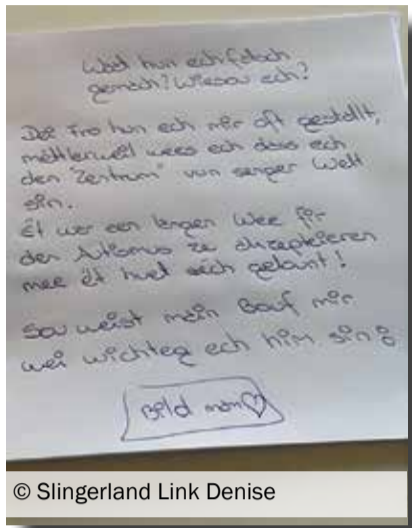
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Einfach fir lech do

TOGETHER, WE CREATE BETTER LIVES



The annual Mother's Day is already just around the corner. But unlike Mother's Day, which is only once a year, a mother is there for her child 365 days a year. Therefore the Fondation Autisme Luxembourg would like to support mothers in their great responsibility throughout the year by providing them some respite from time to time.

A mother would give everything for her child. However, we have not forgotten that she also needs time for herself and her partner. Unfortunately, this time is often far too short and infrequent

Rooms for Short Stays

Although the mother is the center of her child's world, there are moments

Übersetzung des Gedichts :

What have I done wrong? Why me?
I have often asked myself this question, but now I know that I am the center of his world.
It's been a long road to accepting autism but it was worth it!
This is how my son shows me how much I mean to him:

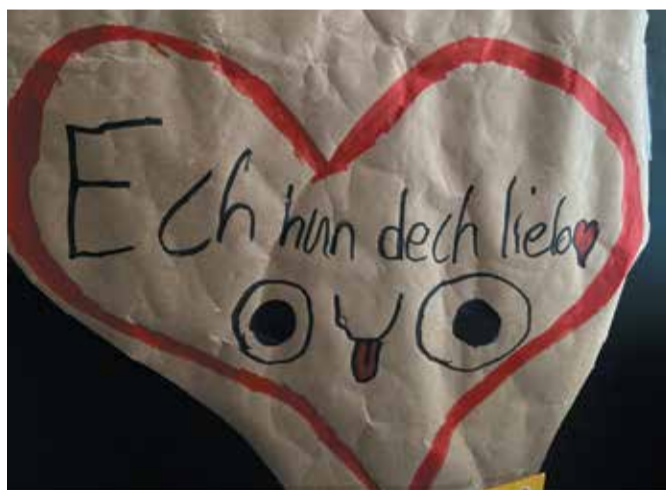
in which she requires much needed rest. It is important that the FAL be there exactly in these moments so she may restore and recover new energy.

There are rooms available for short stays in the FAL's residential structures. These are offered to give parents a chance to take a break and have some rest. The service is available all year round, around the clock.

Autism affects one in 100 people. That means there are more than 6,000 mothers here in Luxembourg who have dedicated their lives to their child. FAL would like to offer these mothers the opportunity to regain their strength with an occasional time-out. We are available for the whole year because FAL is #EMMERDO, thanks to the donations from our generous supporters.

We need your help.

Do not hesitate to contact us to offer support



Would like to support us? It's easy to do !

- Transfer a donation directly to our donation account
- Make a donation by Digicash by using the QR Code below and scan it
- Set up a standing order at your bank and be "EMMERDO"
- Initiate your own fundraising campaign
- Sign up as a volunteer helper with us and become a holiday companion during the holiday weeks at FAL
- Support us on social media by liking and sharing our contributions with the following hashtags:

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#FAL
#autisme

Please contact us at :
autisme@fal.lu

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